

May 2019 Stephens County Senior Center 706-886-4740

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 9:45 Seniorcise 1:30 Dulcimer Club	2 9:30 Rummy Group 10 Sassy Rabbits 5 Gentle Yoga w/Jonda	3 9 Shopping at WalMart and DollarTree 9:45 Seniorcise	4
5	6 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group	7 10 Blood pressure checks: SC Hospital 10:30 BINGO and Birthdays , Lunch \$3	8 9:45 Seniorcise 10 Diabetic Clinic with Maddox Drugs 11:45 THS Class of '56 1:30 Dulcimer Club	9 9:30 Rummy Group 10 Sassy Rabbits 5 Gentle Yoga w/Jonda	10 9:45 Seniorcise	11
12 Moms Day	13 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group 12 Currahee Quilters Annual Tea	14 10 Blood pressure Checks: ResCare 10:30 Pre K and Celebrate Mom's Day , Lunch \$3	15 9:45 Seniorcise 1:30 Dulcimer Club	16 WNEG Senior Expo, 9 am- 1 pm 9:30 Rummy Group 10 Sassy Rabbits 5 Gentle Yoga w/Jonda	17 9 Shopping at Ollie's and Quality Foods 9:45 Seniorcise	18
19	20 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group	21 10:30 BINGO with GA Cares , Lunch \$3	22 9:45 Seniorcise 10 Quilt and Chat 1:30 Dulcimer Club	23 9:30 Rummy Group 10 Sassy Rabbits 10 New Movie Day Enjoy nachos & a movie 5 Gentle Yoga w/Jonda	24 9:45 Seniorcise	25
26	27 CLOSED in Observance of Memorial Day	28 10 Blood pressure checks: Tugaloo HH 10:30 Medicare Info with Stephens Co. Hospital , Lunch \$3	29 9:45 Seniorcise 1:30 Dulcimer Club	30 9:30 Rummy Group 10 Sassy Rabbits Trip: Anderson Mall, 10 am-3 pm, \$3 5 Gentle Yoga w/Jonda	31 9:45 Seniorcise	
	Please call Mon. through Fri. 8 am-4pm for any questions or to arrange transportation	*All programs, trips, and activities are subject to change.*	Seniorcise: \$2 per class or \$5 per week Yoga: \$3 per class Transportation: \$2 per round trip	*Sign-ups for trips are on a first-come, first- served basis.*		