

# April 2019 Stephens County Senior Center 706-886-4740

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<b>1</b> 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group	<b>2</b> 10 Blood pressure checks: SC Hospital 10:30 <b>BINGO and Celebrate April Birthdays</b> , Lunch \$3	<b>3</b> 9:45 Seniorcise 1:30 Dulcimer Club	<b>4</b> 9:30 Rummy Group 10 <b>Craft Day: Crosses w/AI</b> (\$3 each) 5 Gentle Yoga w/ Jonda	<b>5</b> 9 Shopping at WalMart and DollarTree 9:45 Seniorcise	<b>6</b>
<b>7</b>	<b>8</b> 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group 12 Currahee Quilters	<b>9</b> <b>Election Day No Activities</b>	<b>10</b> 9:45 Seniorcise 10 Diabetic Clinic with Steve Spruill 11:45 THS Class of '56 1:30 Dulcimer Club	<b>11</b> 9:30 Rummy Group 5 Gentle Yoga w/ Jonda 7 pm <b>Ritz Movie (\$10)</b> When We Last Spoke	<b>12</b> 9:45 Seniorcise	<b>13</b>
<b>14</b>	<b>15</b> 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group	<b>16</b> 10 Blood pressure Checks: ResCare 10:30 <b>Stephens Co. Pre K</b> , Lunch \$3	<b>17</b> <b>Trip: Biblical History Center, \$40</b> <b>7 am - 5 pm</b> 9:45 Seniorcise 1:30 Dulcimer Club	<b>18</b> 9:30 Rummy Group Easter Party 1-3 pm, \$3 WNEG Quality of Life Show, 4-7 pm 5 Gentle Yoga w/ Jonda	<b>19</b> <b>CLOSED in Observance of Good Friday</b>	<b>20</b>
<b>21</b>	<b>22</b> 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group	<b>23</b> 10 Blood pressure Checks: Tugaloo HH 10:30 <b>Singing Saints</b> , Lunch \$3	<b>24</b> 9:45 Seniorcise 10 Quilt and Chat 1:30 Dulcimer Club	<b>25</b> 9:30 Rummy Group 10 Movie Day 5 Gentle Yoga w/ Jonda	<b>26</b> 9:45 Seniorcise	<b>27</b>
<b>28</b>	<b>29</b> 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group	<b>30</b> 10:30 <b>BINGO</b> Lunch \$3				
	<b>*Please call Mon. through Fri. 8 am-4pm for any questions or to arrange transportation*</b>	<b>**A Matter of Balance Classes, Tues. from 2-4 pm April 2-23**</b>	Seniorcise: \$2 per class or \$5 per week Yoga: \$3 per class Transportation: \$2 per round trip	<b>*All programs, trips, and activities are subject to change.*</b>	<b>*Sign-ups for trips are on a first-come, first-served basis.*</b>	