

February 2019 Stephens County Senior Center 706-886-4740

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 9 Shopping at WalMart & DollarTree 9:45 Seniorcise	2
3	4 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group	5 10 Blood pressure Checks: SC Hospital 10:30 BINGO and Celebrate February Birthdays , Lunch \$3	6 9:45 Seniorcise 1:30 Dulcimer Club	7 9:30 Rummy Group 10 New Movie Day Surprise rental from Red Box Enjoy nachos& a movie	8 9:45 Seniorcise	9
10	11 9 Men's Coffee Club Sweetheart Breakfast 9:45 Seniorcise 12 Bridge Group 12 Currahee Quilters	12 10 Blood pressure checks: ResCare 10:30 Stephens Co. Pre-K Classes Lunch \$3	13 9:45 Seniorcise 10 Diabetic Clinic: Steve Spruill with Maddox Drugs 1:30 Dulcimer Club	14 9:30 Rummy Group Valentine's Day Party (Live Band) Still Cruzin' Duo 1 pm until 3 pm (\$2)	15 9 Shopping: Ollie's and Quality Foods 9:45 Seniorcise LifeLine Screening (by appointment only)	16
17	18 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group	19 10 Blood pressure checks: Encompass 10:30 Fall Prevention w/ Physical Therapy Specialists , Lunch \$3	20 9:45 Seniorcise 1:30 Dulcimer Club	21 Trip: Breakfast at North GA Tech + Thrift Store Shopping 8 am until 2 pm (\$3) 9:30 Rummy Group	22 9:45 Seniorcise	23
24	25 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group	26 10 Blood pressure checks: Tugaloo HH 10:30 Program: N. GA Hearing Aid Factory Lunch \$3	27 9:45 Seniorcise 10 Quilt and Chat 1:30 Dulcimer Club	28 9:30 Rummy Group	**Please note: All programs, trips, and activities are subject to change.**	