

November 2018 Stephens County Senior Center 706-886-4740

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 Trip: Blue Ridge Scenic Railway--Fall Foliage Tour 7 am - 8 pm, \$55 9:30 Rummy Group	2 9:45 Seniorcise Ninth District Opportunity Energy Assistance (by appointment only)	3
4	5 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group 1 Fun and Games *Exercise room closed*	6 No Activities Voting Day *Exercise room closed*	7 9:45 Seniorcise 1:30 Dulcimer Club *Exercise room closed*	8 AARP Driving Class 9 am until 3:30 pm Mr. Herman Williams 9:30 Rummy Group	9 9 Shopping at WalMart and DollarTree 9:45 Seniorcise	10
11	12 No Activities In Observance of Veterans Day	13 10 Blood Pressure Checks: ResCare 10:30 Veteran Salute and Flag Ceremony by Woodmen, Lunch \$3	14 9 Faith Walkers 9:45 Seniorcise 10 Diabetic Clinic 1:30 Dulcimer Club	15 Trip: Thrift Stores in South Carolina (lunch at Yousef's) 9 am - 3 pm \$3 9:30 Rummy Group	16 9:45 Seniorcise	17
18	19 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group 1 Fun and Games	20 10 Blood Pressure Checks: Encompass 10:30 BINGO and Celebrate November Birthdays , Lunch \$3	21 9:45 Seniorcise 1:30 Dulcimer Club	22 NO ACTIVITIES IN OBSERVANCE OF THANKSGIVING	23 NO ACTIVITIES IN OBSERVANCE OF THANKSGIVING	24
25	26 9 Men's Coffee Club 9:45 Seniorcise 12 Bridge Group 1 Fun and Games	27 10 Blood Pressure Checks: Tugaloo HH 10:30 Leah w/ Disability Resource Center Lunch \$3	28 9 Faith Walkers 9:45 Seniorcise 10 Quilt and Chat 1:30 Dulcimer Club	29 9:30 Rummy Group 10 Movie Day "County Line" Enjoy popcorn and a movie	30 9:45 Seniorcise	
		A Matter of Balance classes will be held each Tuesday from 2 until 4 pm				